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In Crazy Sexy Juice, you'll learn everything you need to know about creating simple and scrumptious juices, smoothies and nut milks. With over 100 recipes to keep your juicer and blender humming with variety through every season, you'll be able to easily fit this life-changing practice into your busy day—helping you make health deposits ...

Crazy Sexy Juice by Kris Carr: Simple Juice, Smoothie ...

Book Review: Who knew juicing could be sexy? crazysexyjuicecover-400 Crazy Sexy Juice 100+ simple juice, smoothie & nut milk recipes to supercharge your health Plus an energizing 3-day cleanse by Kris Carr She's been on Oprah's Super Soul Sunday touting the benefits of juicing and healthy food as a medicine. If you haven't heard of her ...

Crazy Sexy Juice: 100+ Simple Juice, Smoothie Nut Milk ...

Product Information. Kris Carr's Crazy Sexy Juice is a completely original, up-to-date and colourful guide to the wonderful world of fruit and vegetable elixirs. 100+ all-new recipes, developed especially for this book, contain superpowers ranging from immunity boosters, inflammation fighters, happiness helpers, longevity leaders, mood fixers and booty enhancers.

Crazy Sexy Juice : 100+ Simple Juice, Smoothie & Nut Milk ...

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Includes an easy and energizing 3-day cleanse! In Crazy Sexy Juice, wellness advocate and New York Times best-selling author Kris Carr teaches you everything you need to know about creating fresh, nutritious juices and smoothies, and creamy, indulgent nut and seed milks. With enough recipes to keep your juicer and blender humming through every ...

Crazy Sexy Juice : 100+ Simple Juice, Smoothie & Nut Milk ...

Crazy Sexy Juice: 100+ Simple Juice, Smoothie & Nut Milk Recipes to Supercharge Your Health (9781401941529): Kris Carr: Books

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Crazy Sexy Juice (Hardcover) 100+ Simple Juice, Smoothie & Nut Milk Recipes to Supercharge Your Health. By Kris Carr. Hay House, Inc., 9781401941529, 328pp. Publication Date: October 20, 2015. Other Editions of This Title: Paperback (12/6/2016)

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