

## Crisis Counseling Essentials Essentials Of Mental Health Practice

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"Thinking" is the antidote to which crisis toxin? anxiety, frenzy, counterproductive emotions, chaos. Taking action is about, escaping the situation, assigning blame, making a plan, choosing options. Crisis responses that typically merit a referral include all EXCEPT, drug or alcohol abuse, pressured speech, flat affect, appetite disturbance. Questions from chapter 6

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